

Upcoming HHUNY Training Workshop:

The Role of Social Determinants of Health in Promoting Health, Wellness and Achieving Health Equity through Care Management and Patient Engagement

According to the Center for Health Care Strategies, Inc. (CHCS, 2017), “individuals with unmet social needs are more likely to be frequent emergency department (ED) users, have repeat ‘no shows’ to medical appointments, and have [lower levels of chronic illness self-management] than those able to meet their needs.”

Access to healthcare is one of the many factors that contribute to improved health outcomes, patient experience and reduced costs of care, particularly among low-income populations. This workshop takes a ‘deeper dive’ by exploring how personal, social, economic, and environmental factors influence and shape perspectives (frame of reference), levels of engagement, and health outcomes.

Health Home Care Management Staff will have the opportunity to explore – personally and professionally – the role of social determinants of health within their work towards improving health and wellness outcomes, eliminating health disparities, and supporting individuals, families and communities in achieving their ‘fullest potential’.

Learning Objectives:

1. Define social determinants of health.
2. Describe 2 – 3 social determinants that may affect a person’s health and wellness.
3. Identify 2 – 3 ways that social determinants are engaged by care management teams.
4. Identify 2 – 3 cultural and social factors that may affect choices and levels of engagement.

Eligible Participants: HHUNY (Adult) Care Management Staff ONLY

Cost: This training workshop is free of charge. A light breakfast and lunch will be provided.

How to Register: Pre-registration is required. No walk-ins welcome. If you and/or your staff are interested in attending this workshop, please send the following information to hhunytraininginstitute@hhuny.org:

- HHUNY Care Management Agency
- Affiliated Health Home/Hub (e.g. BestSelf, Circare, Chautauqua County Department of Mental Hygiene, Huther Doyle)
- Name (First and Last)
- Primary Role/Function (e.g. Care Manager, CM Supervisor, Program Director, Outreach/Engagement Specialist, etc.)
- Email Address
- Name of Reporting Supervisor & Email Address
- Preferred Session(s)* [1st, 2nd and 3rd Option]



Training Workshop Dates

Finger Lakes (Rochester, NY):

Session A: 6/5 @ 8:00AM – 4:30PM

Session B: 6/7 @ 8:00AM – 4:30PM

Session C: 7/10 @ 8:00AM – 4:30PM

Session D: 7/11 @ 8:00AM – 4:30PM

Western (Buffalo, NY):

Session A: 6/19 @ 8:00AM – 4:30PM

Session B: 6/21 @ 8:00AM – 4:30PM

Southern Tier (Jamestown, NY):

Session A: 6/26 @ 8:00AM – 4:30PM

Session B: 6/28 @ 8:00AM – 4:30PM

Central (Syracuse, NY):

Session A: 7/17 @ 8:00AM – 4:30PM

Session B: 7/18 @ 8:00AM – 4:30PM

*Slots will be filled on a first come, first serve basis. Priority will be given to individuals interested in attending sessions in their CMA's hub/region.

If you have any questions or would like additional information, please email hhunytraininginstitute@hhuny.org.



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More about the Trainer:



Chacku Mathai, CPRP
Certified Psychiatric Rehabilitation Practitioner

Chacku Mathai is an Indian-American, born in Kuwait, who started getting involved in mental health and addiction recovery advocacy when he was 15 years old. Chacku's personal experiences as a youth and young adult in mental health and addiction recovery in New York launched Chacku and his family towards a number of efforts to advocate for improved services and alternative supports in the community.

He has since accumulated 30+ years of experience in mental health and addiction community-based services in a wide variety of roles from youth leadership and community organizing to executive and board management. Chacku is regularly invited to train across the country on the role of social determinants of health as a result of his on-going work on this topic, especially as it related to the quality of life and health outcomes for people with co-occurring mental health, substance and physical health conditions.

Chacku was also recently named the CEO for the Mental Health Association (MHA) of Rochester.