



## HHUNY's Peer & Social Supports Workshop

The ability to contribute to and enjoy one's life and community is key to recovery and wellness. Peers provide the development of self-efficacy through role modeling and assisting peers with ongoing recovery through mastery of experiences and finding meaning, purpose, and social connections in their lives.

HHUNY is committed to empowering individuals to achieve his/her healthiest life, by expanding possibilities to:

- **Coordinate** care through effective communication with each of his/her health, care or service providers.
- **Advocate** on his/her own behalf to receive the care they deserve.
- **Navigate** the complex healthcare system.
- **Link** to resources for finding affordable housing, food, clothing, childcare and transportation.
- **Learn** more about meaningful activities to improve his/her health and stay healthy.
- **Identify individual goals.**



Through self-help and mutual support, certified peer specialists offer support, strength, and hope to their peers. *Housing Options Made Easy, Inc.* will be delivering HHUNY's full-day *Peer & Social Supports Workshop*, which will focus on the effective use and role of peer support services in care management through:

- Integration of Peer & Social Supports in Care Management;
- Starting Conversations w/ Peers: Guiding Conversations Towards Goals and Motivation;
- Boundaries and Empowerment: Empowerment through Self-Care;
- Peer Bridgers: From the Hospital to Supported Housing; and
- Peer Respite Services

This workshop will consist of interactive and engaging activities, such as case studies and role playing - including scenarios of working with challenging clients. Participants will be encouraged to ask questions and present their own professional experiences to support inter-professional learning. In addition, Housing Options Made Easy, Inc. will be providing a regional list of peer resources to all participants.

### Workshop Dates/Availability October 2017 - November 2017

#### Western (Buffalo, NY)

Western Session A:  
10/5 @ 8:30AM - 4:30PM

Western Session B:

#### Finger Lakes (Rochester, NY)

Finger Lakes Session A:  
10/12 @ 8:30AM - 4:30PM

#### Southern Tier (Jamestown, NY)

Southern Tier Session A:  
11/9 @ 8:30AM - 4:30PM

10/6 @ 8:30AM - 4:30PM

Finger Lakes Session B:  
10/13 @ 8:30AM - 4:30PMSouthern Tier Session B:  
11/10 @ 8:30AM - 4:30PMFinger Lakes Session C:  
11/1 @ 8:30AM - 4:30PM**Central  
(Syracuse, NY)**Finger Lakes Session D:  
11/2 @ 8:30AM - 4:30PMCentral Session A:  
11/16 @ 8:30AM - 4:30PMCentral Session B:  
11/17 @ 8:30AM - 4:30PM

## Register Today!

**Cost:** This workshop/training is free of charge. A light breakfast and lunch will be provided.

**Eligible Participants:** HHUNY (Adult) Care Management Staff ONLY

**How to Register:** Pre-registration is required. No walk-ins welcome. If you and/or your staff are interested in attending this workshop, please send the following information to [hhunytraininginstitute@hhuny.org](mailto:hhunytraininginstitute@hhuny.org):

- HHUNY Care Management Agency/Organization Name
- Name (First and Last)
- Primary Role (i.e. Care Manager/Coordinator; Supervisor; Outreach & Engagement Specialist; Director; Other - Please Specify)
- Email Address
- Name of Reporting Supervisor & Email Address
- Preferred Session(s) [1st, 2nd and 3rd Option]

Although slots are limited, we encourage representation from each HHUNY (Adult) Care Management Agency (CMA). Priority will be given to individuals interested in attending sessions in their CMA's Hub/Region. Once capacity is reached for your organization, a wait list will be started. We will follow-up with individuals on the wait-list should any open slots become available.

## More About the Trainers

**Joseph M. Woodward** has served as Housing Options Made Easy, Inc.'s Executive Director/CEO for the past 11 years. Mr. Woodward achieves their mission "to provide supported housing and community support services to individuals diagnosed with mental illness so that they live with dignity, have choices in their lives, and achieve interdependence in the community" by developing, implementing and coordinating an effective \$5.5 million dollar program in nine counties in Western New York.



**Earvetta Bizzell** has 20+ years experience as a systems manager, trainer, and human services provider. She has a Bachelor's degree from Howard University and joined Housing Options in 2007. Currently, Ms. Bizzell is Housing Options Compliance Officer. Previously, she was Housing Director, and was responsible for training staff and partner agencies on peer services.



**Laura A. Bentley-Bouchard** has been Housing Options' Director of Peer Support Services since 2007. She developed and currently supervises a Multi County Recovery Center. She also oversees the Youth Employment Program and Peer Bridger Programs. Prior to this position, she was Senior Peer Advocate Specialist/Training Coordinator at Housing Options from 1999 to 2007.



**Kirsten Vincent, MS, LMHC, NYSCPS** directs Housing Options' Respite Services that began in 2015. She is a licensed mental health counselor and a NYS certified peer specialist. Ms. Vincent has 15+ years working with organizations serving individuals with mental illness or developmental disabilities. She has a Master's Degree in Applied Psychology and is working on her Ph.D. in Cognitive Psychology (expected in 2018).



If you have any questions or would like additional information, please email [hhunytraininginstitute@hhuny.org](mailto:hhunytraininginstitute@hhuny.org).

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